



WHOLISTIC HEALTH NEWSLETTER

Philosophy Of The Pearl

Health is not the absence of disease and discomfort, but the optimal, integrated functioning of the body, mind, and spirit. It is a condition to be sought and treasured.

The Pearl Within is a Wholistic Health Services office that is directed by Jeanette Hablullah, N.D. Dr. Hablullah studied under Dr. Cristina Brown at the Academy of Reflexology and Health Therapy in Indianapolis, IN. Dr. Hablullah attained a Doctor of Naturopathy Degree from the Clayton College of Natural Healing, in 1995. The Pearl Within was established in 1993 and the independent office opened in 1995. Reflexology, Energy Balancing, Iridology, and Health Counseling are part of the services provided.

First Edition

This is the first addition of a quarterly newsletter to be produced by The Pearl Within and Olive Media Services. The newsletter will include answers to health questions. It will be printed on a quarterly schedule. You should expect at least four issues a year. Occasionally a special edition copy may bring the total number of issues to five.

Letters To The Editor -There will be an opportunity for you to make a contribution to this newsletter. If you have questions, comments, or stories that you would like to share with us and other readers, then address your comments to: Letters To The Editor at the address provide in the "How To Contact Us" box at the bottom of this page.

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Why "Wholistic" Health?

The reader I am sure is questioning the spelling of the word wholistic. This section will explain why the "wholistic" spelling is used instead of the more widely used spelling of holistic.

The word holistic as it is usually spelled, leaves the impression of something that has a void, something that is not complete. While the word wholistic gives the impression of something that is whole, thus complete and without voids.

Publications

Some of the readers are probably familiar with the book The Magnificent Organ by Jeanette Hablullah, N.D. Those of you who are not familiar with the book, I hope that you will get a chance to (Cont'd on Page 2)

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Publications Cont'd

purchase it and read the important information contained within its pages. The book provides thought provoking ideas about how we see ourselves – beyond the physical body. It provides steps to live a healthy meaningful life. **The Magnificent Organ** Retail \$9.95.

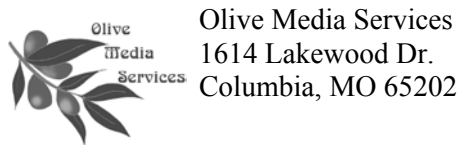
Orientation to Wholistic Thought is another publication that may interest the reader. This 24 page booklet contains information on superior healing substances and other natural substances for a healthy being. **Orientation to Wholistic Thought** - \$5.00.

The information contained in these publications are meant as a guide to seek that which is on the earth that will help the human being maintain a healthy state.

These and other publications are available through *Olive Media Services*.

Wholistic Health Topics

Look for articles on the following topics:
Bach Flower Remedies, Cell Salt Therapy,
Ear Candling, Energy Balancing, Reflexology...



INSPIRATIONAL QUOTE

The heart prompts and guides our physical awareness and actions as the soul moves through its stages of consciousness on its spiritual goal of becoming the director and guide of our physical life.

The heart works to assist the soul so that it can return to its Lord in a pleasing state.

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-The Magnificent Organ-